

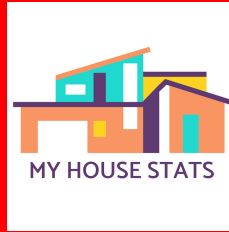


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No changes made

## CHEAT CODES TO GET OFF THE STREETS

Getting off the streets can be done using the following steps:

- ✓ Getting food & water
- ✓ Warm shelter & clothes
- ✓ Job skills & an income
- ✓ Getting your own place
- ✓ Joining a social group



## CONTACT US



[www.myhousestats.com](http://www.myhousestats.com)

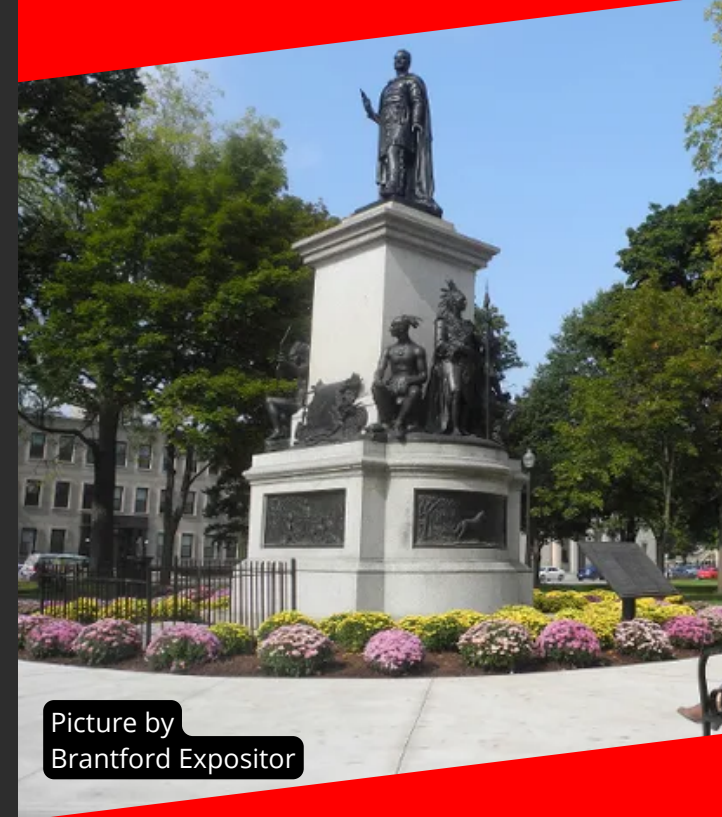


[mail@myhousestats.com](mailto:mail@myhousestats.com)



[myhousestats](https://www.instagram.com/myhousestats)

# REBUILDING YOUR LIFE AFTER BEING DISPLACED IN BRANTFORD



Picture by Brantford Expositor

## STEP-BY-STEP



BY MY HOUSE STATS

# THE STEPS



**GET YOUR  
OWN PLACE**



**MAKE FRIENDS**



MY HOUSE STATS

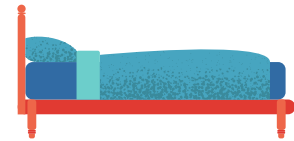


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No changes made

# THE STEPS



**FOOD BANKS**



**SHELTERS**



**JOB SKILLS &  
SERVICES**

# **FOOD BANKS**

**SALVATION ARMY  
PARIS FOOD BANK**

**LAURIER UNIVERSITY  
FOOD BANK**

**GRAND RIVER  
COMMUNITY  
HEALTH CENTRE**

**SALVATION ARMY  
CHRISTMAS  
PROGRAMS**

Picture by "Onasill ~ Bill"  
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# **FOOD BANKS**

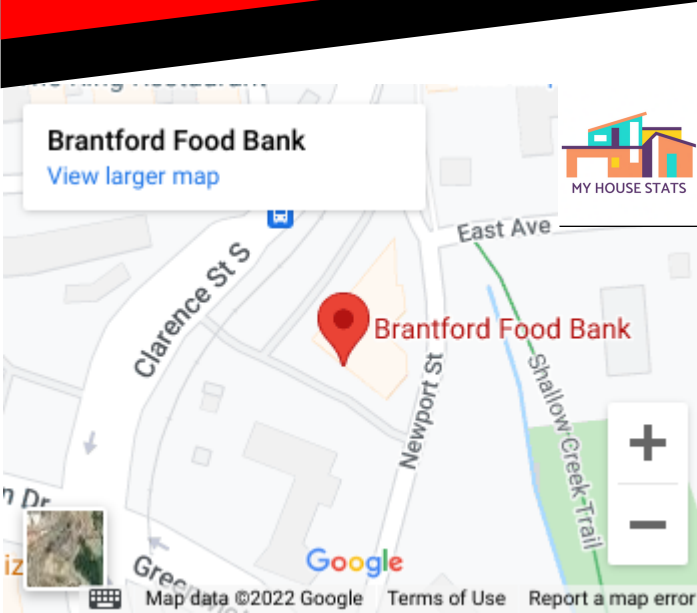
**BRANTFORD  
FOOD BANK**

**FIRST BAPTIST  
BRANTFORD FOOD  
CUPBOARD**

**FRIENDSHIP HOUSE  
OF BRANT**

**ST. ANDREW'S SOUP  
FOR THE SOUL**

# BRANTFORD FOOD BANK



"Our vision is everyone fed, working, & connected."



**Tuesday - Friday**  
**9AM - 11:45AM**  
**1:00PM - 3:30PM**



**(519) 751-4357**

# FIRST BAPTIST BRANTFORD FOOD CUPBOARD



The Food Cupboard **reduces hunger** and gives a **caring presence** for those in need. You can **attend every two weeks**.



**Thursday**  
**9:30AM - 11:30AM**



**(519) 753-2406**

# FRIENDSHIP HOUSE OF BRANT



A Christian outreach centre with a **food bank, bagged lunches, breakfast, and brunch**.

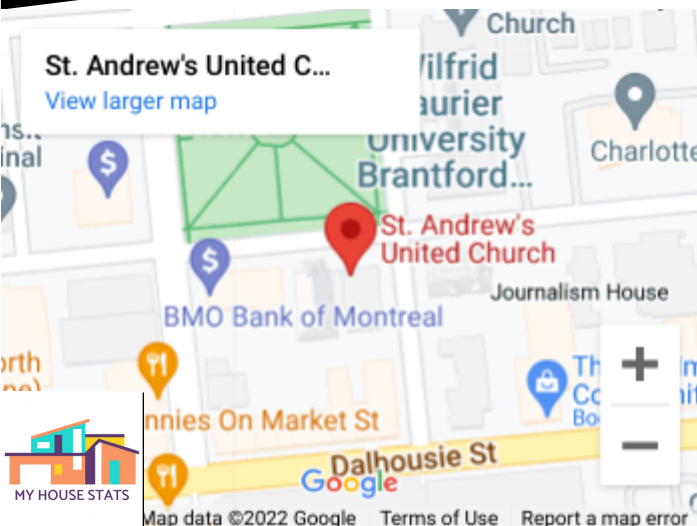


**Wednesday**  
**10AM to 12PM**



**519-753-8511**

# ST. ANDREW'S SOUP FOR THE SOUL



Soup for the Soul offers **free, nutritious meal** and **social support** services.



**Monday - Friday**  
**1PM**



**Tania@standrewsbrantford.com**  
**Office@standrewsbrantford.com**



**519-752-5823**

# SALVATION ARMY PARIS FOOD BANK



Eligible Brant Country residents get **food assistance every 30 days**. We are a bagless food bank, and we encourage you to bring your own reuseable bags.



**Monday & Thursday**  
**1PM - 3PM**

**Requirements**  
✓ Valid Government ID  
for all Household Adults  
✓ Drop-In Only

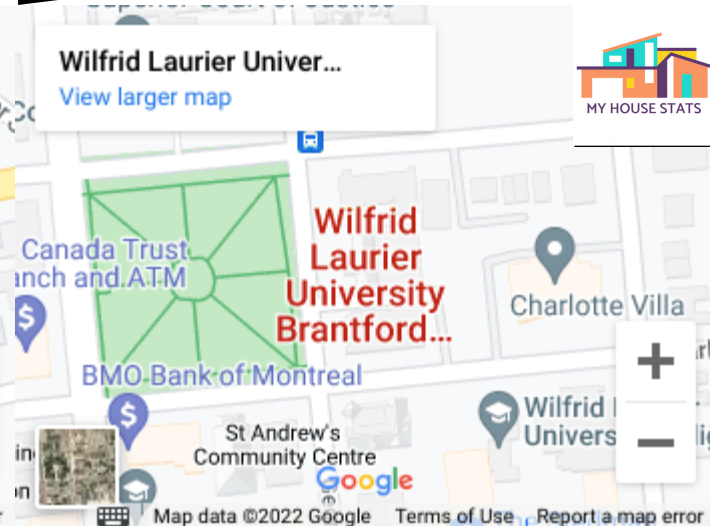


**Rejected ID**  
✗ Health Cards  
✗ SIN Cards



**(519) 442-3432**

# LAURIER UNIVERSITY FOOD BANK



Laurier University **undergrad students** get **five free parcels** per school term suitable for all food restrictions, each usually **last over a week**.



**wlu\_foodbank\_b**



**Sarah Verberg** **Joshua Smith**  
**lbfoodbank@wlu.ca** **suvpps@wlu.ca**



**Joshua Smith**  
**519.756.8228 x 5830**

# SALVATION ARMY CHRISTMAS PROGRAMS



Community and Family Services runs **Christmas Kettle Drive, donation letter distribution, gift cards for food and toys** for local families in need.



**Monday - Friday  
9AM to 4PM**



**(519) 752-7813**

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# GRAND RIVER COMMUNITY HEALTH CENTRE



Grand River Community Health Centre (GRCHC) offers a **daily refreshment cart** that includes a **snack, beverages & necessary supplies** such as **socks, hats, sunscreen and other necessities**.



**Refreshment Cart  
Monday - Friday  
11AM - 1PM**

**Shower Station  
Monday to Friday  
8:30AM - 4:30PM**



**519 754-0777 ext. 473**

# SHELTERS

**ST. LEONARD'S  
STATION HOUSE**

**SALVATION ARMY  
BOOTH CENTRE**

**ROSEWOOD HOUSE**



Picture by "Cody Hoffman"  
No changes made

# SHELTERS

**SALVATION ARMY  
HOUSING RESOURCE  
CENTRE (HRC)**

**NOVA VITA  
WOMEN'S SHELTER**

**ST. LEONARD'S  
CORNERSTONE HOUSE**

# SALVATION ARMY HOUSING RESOURCE CENTRE (HRC)

# NOVA VITA WOMENS' SHELTER

# ST. LEONARD'S CORNERSTONE HOUSE



HRC helps those that are **homeless or at risk of homeless** maintain their **housing** or find **permanent housing**.

The Nova Vita Women's Shelter provides safe **emergency shelter** for **women and children**.

St. Leonard's Cornerstone House provides **support** to **people ages 18-29** who are **homeless** or **at risk of homelessness**.



24 hours



(519) 802-4332



519-752-4357  
(519) 752-1005



24 hours



(519) 758-9644



# ST. LEONARD'S STATION HOUSE



St. Leonard's Station House provides **support** to **youth ages 15-17** who are **homeless or at risk of homelessness**.



**24 hours**



**519-758-9644**

# SALVATION ARMY BOOTH CENTRE



The Salvation Army Booth Centre provides **emergency shelter** for **adult men**.



**Hostel**  
**24 hours**    **Administration**  
**Monday - Friday**  
**8AM - 4:30PM**



**(519) 753-4193**

# ROSEWOOD HOUSE



Rosewood House provides **emergency shelter** for **adult men and women**.



**24 hours**



**(519) 750-1547**

# JOB SKILLS

Picture by NeONBRAND

# JOB SKILLS

**COMMUNITY  
RESOURCE &  
EMPLOYMENT SERVICE**

**ST. LEONARD'S  
COMMUNITY SERVICES  
BRANT EMPLOYMENT  
CENTRE**



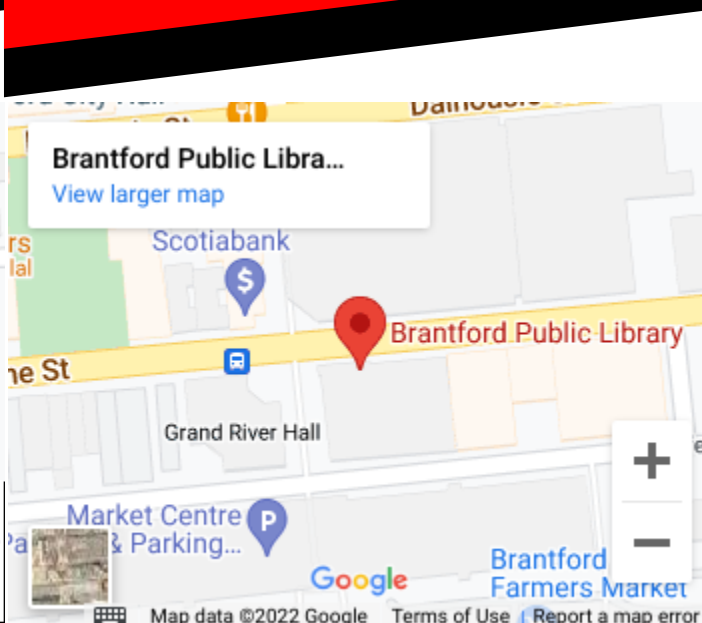
**BRANTFORD PUBLIC  
LIBRARY**



# COMMUNITY RESOURCE & EMPLOYMENT SERVICE

# BRANTFORD PUBLIC LIBRARY

# ST. LEONARD'S COMMUNITY SERVICES BRANT EMPLOYMENT CENTRE



Book an appointment to find **job fairs, employer connections, job postings, news & events**, and access **local resources**.



**Monday - Friday**  
**8:30AM - 4:30PM**



**[jcoderre@crs-help.ca](mailto:jcoderre@crs-help.ca)**



**519-751-4357 ext. 312**

The library offers **FREE computer & Internet access**, multiple **community resources, printing, photocopying, & scanning**.



**Monday-Thursday 9:30AM - 8PM**  
**Friday 9:30AM - 6PM**  
**Saturday 9:30AM - 5PM**  
**Monday-Thursday 1:30 - 5PM**



**(519) 756-7665**

Programs offered include **job search & grant, job matching & placement, information, 2nd career, skills advance, & youth & student employment**.



**Monday - Friday**  
**8:30AM - 4:30PM**



**(519) 756-7665**

# GET YOUR OWN PLACE



## TEMPORARY HOUSING BEFORE YOUR OWN PLACE

Build up enough for either a **down payment on a house** or **first and last month's for a lease** on your own apartment.



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# GET YOUR OWN PLACE



## ROOMMATES

Start with **Kijiji** for affordable rooms. **Rooms with roommates** are **more affordable.**



Other useful sites for finding your own spot are **Zumper** and **Rentals.ca.**

# **MAKE FRIENDS**

**LAUNDROMAT**

**AT WORK**

**CHURCH**

**THE GYM**

**ONLINE**



Picture by kayleigh harrington

# **MAKE FRIENDS**

**GO OUTSIDE**

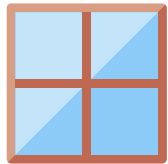
**CHANGING YOUR  
DAILY ROUTINE**

**BOOK CLUBS &  
LIBRARY**

**COFFEE SHOPS**

**VOLUNTEERING**

# MAKE FRIENDS



## GO OUTSIDE

You won't meet anyone in your room. **People will recognize you** and start to chat with you after **build familiarity**.



## COFFEE SHOPS

Great discussions happen here. You'll find **meet a wide variety of people** here.

# MAKE FRIENDS



## AT WORK

Chat with people you spend the most time with. **Hang out outside of work hours** and build your circle of friends from there.

## CHANGING YOUR DAILY ROUTINE

For example, instead of using the drive-thru, go inside to pick up the things you need.

# MAKE FRIENDS



## VOLUNTEERING

It builds self-esteem, **connects you with others**, and gets you out of your normal routine.



## CHURCH

Regularly going to church lets you meet like-minded people and sets you around a wide variety of people. Some churches worth checking out are **New City Church** and **Celebration Church**.

# MAKE FRIENDS



## BOOK CLUBS & LIBRARY

If you're an introvert or like books, a book club or the library always has **new faces** showing up.



## LAUNDROMAT

Plenty of people wash their clothes here. Burn time by getting to know the people and their life story.



Picture by "Sean\_Marshall"  
<https://creativecommons.org/licenses/by-nc/2.0/>  
No changes made

# MAKE FRIENDS



## THE GYM

Join an exercise class or get shredded with the weights. Gyms worth checking out include **Laurier YMCA**, **World Gym**, and **Crunch**.



## ONLINE

Sites like **Meetup.com** or **Google's events** can help you find what people are up to.